



To Listen to recording:

http://www.dot.state.mn.us/mnsaferoutes/news/network_calls.html

Past Network Call Notes are available at:

http://www.dot.state.mn.us/mnsaferoutes/news/network_calls.html

Please note: recordings of the Network Calls are archived for 6 months only



THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...

...is approximately 190 dedicated professionals from organizations and agencies that are advancing Safe Routes to School (SRTS) in Minnesota...

...that builds skills in Minnesota communities to successfully implement SRTS, supporting partnerships between state and local agencies, municipalities, and advocacy organizations, and advocating for policy changes to support walking and bicycling to schools and improvements to the built environment...



...and makes Minnesota a state where all students, no matter their race, ethnicity, income level, age, ability, or geographic location, can walk and bicycle on routes that are safe, comfortable and convenient...

...because to be able to walk and bike safely makes health, learning, communities, and independence better for all of us.



AGENDA

- Welcome and Introduction
- MnDOT Updates
- Walk Bike Fun Ambassador Training
- St Paul Stop For Me Campaign
- Announcements

A photograph of a group of children walking along a sidewalk towards a school. The children are wearing backpacks and are seen from behind. The scene is set on a sunny day with green trees and a clear sky in the background.

Minnesota Safe Routes to School Update

Dave Cowan
Safe Routes to School Coordinator
Minnesota Department of Transportation



Solicitation Info

- Statewide Planning Grants
 - Early October
 - ~\$300,000
- Webinar November 5 at 11:00
- Deadline January 4



Planning Assistance Solicitation

Upcoming Webinar: Nov. 5th @ 11am

Deadline January 4th

SRTS Planning Assistance Grants:

<https://www.dot.state.mn.us/saferoutes/planning-grants.html>

Webinar on Planning Assistance:

Monday, November 5, 2018

11am Central Time

For Audio call Conference Call Line: 1-888-742-5095 Code: 928-208-6172

For Visual Join Skype Meeting

Trouble Joining? Try Skype Web App

<https://meet.lync.com/mn365/dave.cowan/C013PH8D>

Solicitation Info

- Infrastructure Solicitation
 - LOI Deadline October 31
 - TAP/State Process combined
 - Subdivision Regulations



SRTS State and TAP Infrastructure Solicitation and Letters of Intent
LOI Deadline: October 31st

<https://www.dot.state.mn.us/saferoutes/infrastructure.html>

Infor re: Ordinance requirement

http://www.dot.state.mn.us/saferoutes/documents/grant-eligibility-changes.pdf?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=



Search the site



ABOUT

THE BASICS

RESOURCES

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& EVENTS

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US

Get Stepping this Walk to School Day **October 10**

On Wednesday, Oct 10, 2018 hundreds of schools and thousands of students, parents and community members will walk and bicycle to school in Minnesota. Walk to School Day provides students and families the opportunity to experience the joys of walking to school while reaping the benefits of increased physical activity, reduced traffic congestion, and arriving at school ready to learn. Getting involved can be as simple as making an announcement to over the school intercom or as involved as participating in a neighborhood walk with your elected officials, parents, teachers, and community members. Each is fun and educational for students, parents and community members alike.

Schools interested in participating can register their event by October 3rd at www.walkbiketoschool.org in order to receive educational book marks, stickers and other marketing materials for the day of the event.

Walk to School Day
2018

Photo Contest

News

Events & Programs

Network Calls

Stay Connected

Request Presentation
Materials



November call will announce winner and share stories from 2018 Oct walk bike to school day.



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[Talking Points]

“The purpose of the Walk! Bike! Fun! (WBF) Ambassadors program is to support organized youth education initiatives around walking and biking. The goal of this resource is to meet the needs of communities by providing information, training, and guidance on best practices to a **group of enthusiastic adult volunteers**.

The intended audience for this resource guide is adults who are willing to provide or support Safe Routes to School education to youth. We recognize that valuable lessons learned often happens in informal settings, such as Bike Rodeos and Walking School Busses. This guide should prepare adults to implement programs and activities that reinforce concepts and objectives of the complete WBF curriculum being taught in schools and a Safe Routes to School Plan being implemented in the community..

These activities can be done in conjunction with an existing WBF program, or as standalone efforts. The guide contains background on the Safe Routes to School (SRTS) program, including external references, which provide important context for these supporting activities. We believe and the research indicates that the effects of these efforts are maximized when combined with other initiatives as part of a comprehensive SRTS plan.”

Ambassador's Guide: Content

- Introduction: Safe Routes to School
- I: Ambassador Training 101
- II: Walk! Bike! Fun! Essentials
- III: Walking School Busses
- IV: Bike Trains
- V: Mapping
- VI: Walk! Bike! Rodeo
- VII: Appendices



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Safe Routes to School



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- Safe Routes to School (SRTS) is a comprehensive approach to make it safer and easier for students to walk and bicycle to school. SRTS focuses on students, school zones, and priority routes but provides benefits to the greater community.
- Walk! Bike! Fun! Pedestrian and Bicycle Safety Curriculum addresses the “Education” aspect of a comprehensive SRTS program.
- The Walk! Fun! and Bike! Fun! lessons teach children skills for independent mobility within their community

Walk! Bike! Fun! Essentials



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The purpose of this section is to identify the most essential concepts of the WBF curriculum, and present this information to a youth audience in a condensed lesson format.

Suggested formats: after-school childcare presentation, summer library program, Girl Scouts or Boy Scouts meetings or large group lyceum presentations

Walking School Bus & Bus Stop and Walk



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For many parents, safety concerns are one of the primary reasons they are reluctant to allow their children to walk to school (Martin & Carlson, 2005). Providing adult supervision may help reduce those worries and meet the needs of families who live within walking or bicycling distance of school.

A “walking school bus” is a program for organizing students in a neighborhood along a route to school to walk with adult supervision to school by walking.

For families that live too far to walk from home, remote bus or car parking and meeting locations offer a way for them to participate in a walking school bus.

Bike Trains



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Bike trains enable students to get to school while enjoying the outdoors and the company of other bicyclists. Best suited for children in upper elementary and middle school grades, bike trains are led by adults—one at the front and one at the rear of the train—that accompany students as they bike to and from school. From one or two neighbors biking together to a route with multiple “stations” where more riders join in, bike trains can be a great way to instill a love of bicycling while developing life-long safety skills.



A “Walk! Bike! Fun! Rodeo” is a skill-building clinic developed for the purpose of teaching children basic walking and bicycle-riding to practice and develop effective skills.

Expected Outcomes

GOAL: Provide a chance to learn, practice, and demonstrate skills in a fun, noncompetitive atmosphere.

Participants should:

Educate: Increase knowledge about traffic safety, walking, and bicycling.

Train: Transfer the knowledge to the practice of skills and decision-making while walking or riding a bicycle; and

Motivate: Energize and excite participants to want to learn more and to engage in walking and bicycling.

Mapping

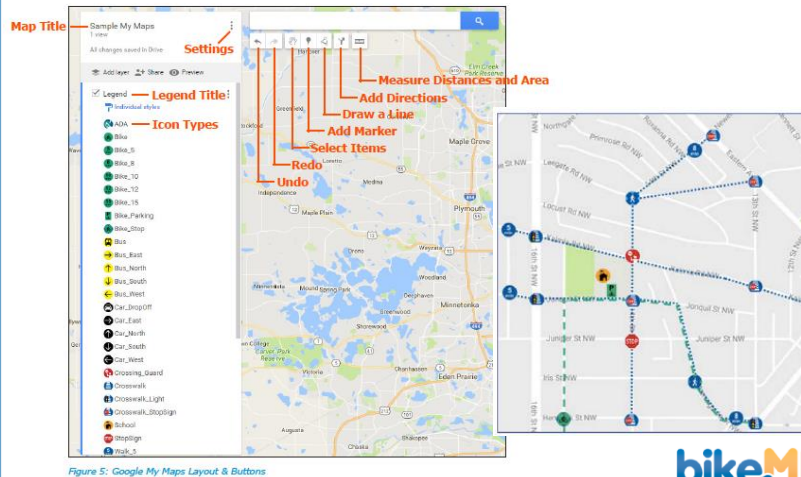


Figure 5: Google My Maps Layout & Buttons



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This section is intended for people who are interested in developing walking and biking route maps but don't have previous map making experience or access to sophisticated map making tools. It describes the different types of maps you can create to support your program, with a focus on arrival and dismissal maps and walking and bicycling route maps. It then provides step-by-step instructions for how to build route maps using widely available programs such as Google Maps and Microsoft PowerPoint.

It is essential that you test potential routes before putting them on your map. Walk or bike the routes as appropriate, first by yourself and then with a student of average age and ability. Doing so will give you a better sense of how long the routes take, how suitable they are for the target age group, and whether any adjustments are needed.

Ambassador Workshop

- 3 – 4 hours, customizable to your needs
- Late afternoon – early evening or Saturday morning
- Youth organization leaders, community educators, high school students, adult volunteers
- “Classroom” and hands-on activities



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Want a workshop in your community?

<http://www.bikemn.org/education/walk-bike-fun/wbf-ambassadors-program>

Secure | <https://www.surveymonkey.com/r/WBFambassadors>

Apps | Pinterest | Facebook | U.S. Warner Radio: Q102 | iHeartRadio | Michelle and Mike... | ClickTime | MyChart - Login | iHealthHub | Minnesota Safe Bu... | Other Bookmarks

Walk! Bike! Fun! Ambassadors Training Application

*** 1. Community or School Information**

Name:

Company:

Address:

Address 2:

City/Town:

State:

ZIP:

*** 2. Applicant Information**

Name:

Affiliation and/or Position:

Phone #:

Email:

*** 3. Name of County in Minnesota.**
BikeMN will examine the "County Health Ranking" and 4 areas of Equity. (30 points)

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<http://www.bikemn.org/education/walk-bike-fun/wbf-ambassadors-program>

Ambassador Kits

- Safety vests, spray chalk, spray chalk wand, sidewalk chalk, cones, bike pump with gauge, multi-tool, rubbermaid tote box, and stop/slow signs
- Walk! Bike! Fun! stickers, posters, bookmarks and bike lights
- \$300 value! FREE!



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Moving Forward

Michelle Kiefer
Safe Routes to School
Program Manager
michelle@bikemn.org



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request a workshop, review the guide, or ask for a ambassadors kit here -->
<http://www.bikemn.org/education/walk-bike-fun/wbf-ambassadors-program>

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- Walk Bike Fun Ambassador Training
- St Paul Stop For Me Campaign
- Announcements

STOP FOR ME

A Pedestrian Safety Campaign

St. Paul, MN - 2015-2019



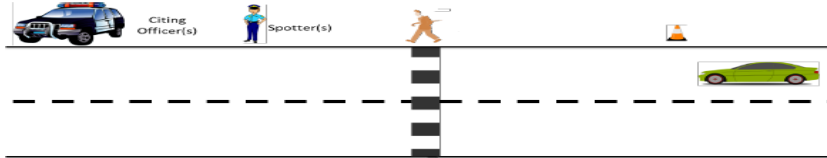
History of the Campaign

- Fall 2014, MN Office of Traffic Safety Opportunity
 - Enforcement by Police at various locations
 - Low impact / effectiveness
 - Met with St. Paul District Councils and a group of passionate pedestrian safety advocates
 - August 2 - 8, 2015 = Pedestrian Safety Week (16 events)
 - High impact / effectiveness
- 2016 Grant Cycle
 - Community Meeting at SPPD West District for planning
 - 60 community crosswalk safety events conducted
 - Safe Routes to School (City Council Funded 2 years)
- 2017 Grant Cycle
 - Stop for Me Steering Committee & District Councils
 - 100 + community crosswalk safety events
 - 2nd year of Safe Routes to School funding
- 2018 Grant Cycle
 - U of M Project
 - On-Duty Safe Routes to School activities, planning & meetings
 - 150 + crosswalk enforcement events (Majority were U of M project)

What is a Pedestrian Safety Event?

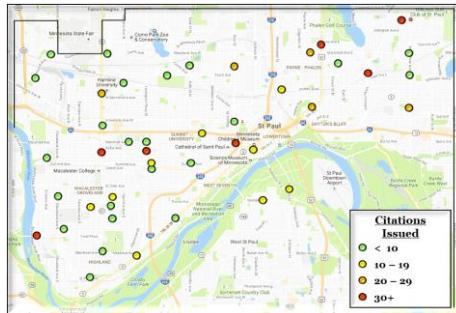
▫ Community Led Initiative

- Plain clothes officer leads community members across the street
- Uniformed officers stop violators who fail to stop for the pedestrians that are legally crossing the street
 - Safe stopping distance (141 Feet, signal timing)
 - Education of pedestrians (realistic expectations)
- Reports / statistics - engineering discussions, results



2016-2019 Pedestrian Safety Events

	2016	2017	2018	2019*
Goal Number of Events	34	60	100	120
Actual Number of Events	60	107	154	52
Citations Issued for Failure to Stop for Pedestrian	637	939	1266	263
Citations issued for Other Violations	400	667	405	111
Warnings Issued for Failure to Stop for Pedestrians	64	99	1199	35
Warnings Issued for Other Violations	19	117	77	24



U of M & MnDOT Study - Preliminary

- Studied 16 intersections and found average yield rate starting at 31% in April, 2018 and ending at 75% in October, 2018.
- Over 11% of crossings involved a multiple threat crash hazard
 - Researchers were surprised by how frequently this occurred
- Enforcement alone will not solve this problem
 - Engineering Solutions
 - Maryland Ave Study: https://www.youtube.com/watch?v=4heApPJ_8YA
 - Sustained Education & Enforcement



2019 Pedestrian Safety Planning



- 2018 Goals

- Increase education events
 - Reflective Material Giveaways
 - Safe Routes to School Events
- Community Engagement
 - Increase diversity of participants
- U of M & MN DOT Study
 - Research based approaches

31% yield rate, some worse (18%); Snelling & Fairmount 51% ; Snelling Median; SRTS
Fed Funding

Safe Routes to School Walk to School Day Events

- Walk to School Day Events
 - Fall & Spring
 - Remote Bus Drop Off
 - More schools participating each year
- Complaint based responses
- SRTS plans



Crash Data Collection - Dissemination

- MN Crash Data / MN CMAT
- 911 / non-emergency calls - daily query (no reports made)
- Social Media / Other Sources of Information
- Analysis - St. Paul Open Data Portal

Pedestrian and Bike Crash Data - City of St. Paul

2017 Crash Stats: January 1, 2017 through December 31, 2017



Pedestrians
Crashes: 192
Injuries: 165
Fatalities: 3



Bicyclists
Crashes: 99
Injuries: 72
Fatalities: 1

[Full Crash Summary Data](#)

[Crash Map - Open Data Portal](#)

[Full Data - Open Data Portal](#)

Crash Data Comparison 2016 & 2017

Jan 1 - Dec 31, 2016

Feb: 188

Mar: 126

Fatal: 4 Ped

[2016 \(YTD\) Crash Summary Data](#)

Jan 1 - Dec 31, 2017

Feb: 192

Mar: 99

Fatal: 3 Ped / 1 Bike

[2017 \(YTD\) Crash Summary Data](#)

Jeremy Ells
Toward Zero Deaths (TZD) Grant Coordinator
St. Paul Police Department
887 Grove Street (St. Paul, MN 55103)
Jeremy.Ells@stpaul.gov



In This Section

Stop Demand
21st Century Policing Report
Police Community Feedback Survey
Stop & Police Report
Traffic Stop Data
Citation Request Board
Contact with the Department
Performance Development Institute
Emergency Notification System
Rapid
Department History
Executive Consumption of Services
Emergency Information

DATA FOR ST. PAUL PEDESTRIAN & BIKE CRASHES - January 1, 2016 to Present

Month	Crashes	Injuries	Fatalities
Jan	18	15	0
Feb	19	16	0
Mar	9	7	0
Apr	12	10	0
May	15	12	0
Jun	18	15	0
Jul	21	18	0
Aug	24	21	0
Sep	27	24	0
Oct	30	27	0
Nov	33	30	0
Dec	36	33	0
Total	240	210	0

SPPD is continuing to collect crash data from the traditional and non-traditional sources

Increased Crashes

- Awareness of the Problem
 - Better Reporting
- Speeding & Distracted Driving
 - Daily Enforcement
- Stop For Me
 - Citywide Enforcement & Education Events



Speed, Distracted Driving, Ped Safety related

Example of Success

- Community Engagement & Partnerships
 - Marion & Ravoux - Needed improvements
 - Partnerships
 - AARP Grant opportunity
 - St. Paul & Ramsey County Public Works
 - Stop For Me
 - Meaningful Change!



AARP Real Solutions
Minnesota

FOR IMMEDIATE RELEASE
September 27, 2017

Contact: Ruth Buffall
651-726-5630

St. Paul Projects Awarded AARP Community Challenge Grants

St. Paul—AARP Minnesota announced today that two St. Paul projects were among the winners of the [AARP Community Challenge](#). The nationwide AARP initiative was aimed at creating change and improving quality of life at the community level. The winning projects are the City of St. Paul Public Works Department and the St. Paul District 6 Planning Council. Each project was fully funded through the AARP Community Challenge grant and is to be completed by November 1, 2017.

"Investing in community projects that make our neighborhoods more valuable and welcoming was an opportunity to great to join up," said Will Phillips, AARP Minnesota Director. "Not surprisingly, Minnesota was one of the top states in terms of the number and strength of applications. That allowed our state two opportunities to make significant community improvements."

The City of St. Paul Public Works received \$20,000 to create a more livable, walkable and enjoyable community by improving the safety of two unmarked pedestrian crossings along Marion St. between St. Anthony Ave. and University. Long-term temporary crosswalk safety enhancements will also be implemented at the Marion St. and Loring St. and Marion St. and Fuller St. intersections in order to improve access to bus stops along Marion.

The District 6 Planning Council project will receive \$6,000 to install five permanent "message centers" along the Eau Claire corridor in the North End that will be used to display multilingual community and event information. The North End is one of the most diverse neighborhoods in the state, with 42% of residents speaking a language other than English.

"Great communities require careful planning and time," said AARP Executive Vice President and Chief Advocacy & Engagement Officer Sherry Lindblad. "These quiet action projects will give community leaders the motivation and momentum to create greater change."

All of the winning projects in this challenge will deliver on one or all of the following:

- Improve social connections through the built environment benefiting people of all ages and abilities in the community
- Expand opportunities for all residents, such as job, volunteer, and education/training opportunities
- Increase inclusive community engagement and attraction across a diverse population

Education and Outreach

- Reflective material is a must at night; light colors alone are not enough: <https://www.youtube.com/watch?v=XMvM7-9lgeg>
 - Brilliant Reflective (brilliantreflective.com)
- Safe Summer Nights
- Community Events



County – push pedestrian safety messages

Best Practices

- Education + Enforcement = Changing Behavior
 - St. Paul Police Department provide enforcement
 - St. Paul District Councils & Community Volunteers provide education
- More than 1 E to solve the problem
 - Work closely with Engineering
- This is a Statewide issue, not just St. Paul
 - Partnerships with other jurisdictions, non-government organizations and community engagement throughout the state



Another goal for the campaign is to incorporate engineering solutions for pedestrian safety

Lighting, painting, striping, etc. – suggestions by community, good example showing that city listens to the community

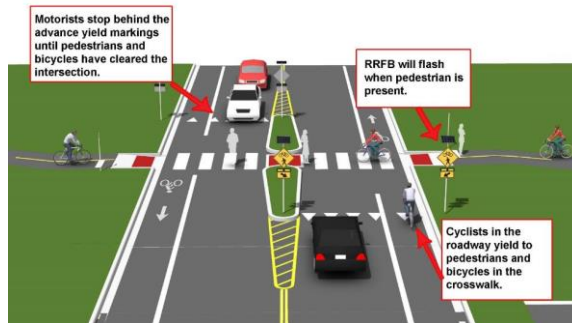
Engineering

- Test installations lead to permanent solutions
 - 4 to 3 Lane Conversion
 - Leading Pedestrian Interval (LPI)
 - Curb extensions & bump outs
 - Gateway treatment



Rectangular Rapid Flash Beacon (RRFB)

- 2017 Installations
 - Johnson Pkwy & Ames Ave
 - Pierce Butler & Hamline
- 2018 Installations
 - Kellogg & Mulberry
- Cost has decreased, use has increased



Future Engineering Goals

- Use research based solutions
 - U of M / MnDOT study
- Complete Citywide Pedestrian Plan
- High Percentage of Crashes continue to occur on State and County roads
 - Increase engagement of partners to make meaningful changes
- Safe Routes to Schools
 - Continue to work with partners and engage schools to complete SRTS plans



Resources & Contact Information

- Kevin Gallatin (Highland District Council Transportation Chair)
 - KevinGallatin00@gmail.com
- Jeremy Ellison (St. Paul Police Dept. - TZD Grant Coordinator)
 - Jeremy.Ellison@stpaul.gov
- Kat Brown (St. Paul Police Dept. - TZD Ped Safety Coordinator)
 - Kathleen.Brown@stpaul.gov
- MN DOT Banner / Ped Safety Cards (Share the Road Materials)
- Crosswalk Event Tool Kit (MN DOT / St. Paul Specific)
- Police Operations Plan (sample)
- Hi Visibility Enforcement Signs
- Compliance Rate Tally Sheets
- Volunteer Sign-In Sheets
- Safety Tips / Briefing Sheet for Volunteers
- Contact us - We Will Share

Websites / Resources:

<http://StopForMe.org>
<http://www.facebook.com/StopForMeStPaul>

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Who: Interdisciplinary regional teams consisting of public health, planning (MPO, RPO, TPO, RCOG), transportation, elected officials, and other integral disciplines

What: 2019 Walkability Action Institute

When: April 22 – 25, 2019

Where: Courtyard Marriott Decatur, GA

How: Interdisciplinary teams will apply for travel assistance through a competitive application process. The RFA is *anticipated* to be released on October 29th and due by December 14th. Teams will attend a multi-day action institute and develop action plans supporting sustainable policies, systems, and environments that support walkability and walkable communities. *Start putting your teams together now!* Stay tuned for emails with the RFA details and deadlines.

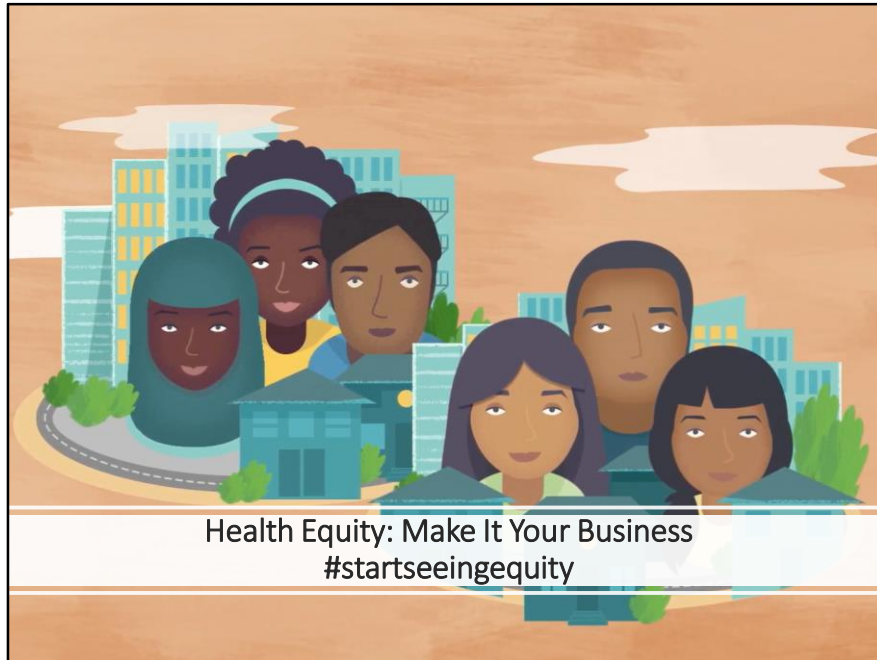
Brought to you by the National Association of Chronic Disease Directors, with funding and support provided by the CDC Division of Nutrition, Physical Activity, and Obesity.



ANNOUNCEMENTS

- [SRTS Academy Application](#) – To host a winter workshop, application deadline January 1, 2019
- Annual Network Satisfaction Survey (plus ideas for 2019)

<https://www.sciencedirect.com/science/article/pii/S2214140517306540>



Make Health Equity Your Business Landing Page:

www.bluecrossmn.com/health-equity

Individual Video Links to Share:

Healthy Equity Animated: **Equity vs. Equality**

<https://youtu.be/tZd4no4gZnc>

Health Equity Animated: **Race**

https://youtu.be/PTaLFmnS_jo

Health Equity Animated: **Income**

<https://youtu.be/p9BZHz-duMw>

Health Equity Animated: **Gender**

<https://youtu.be/lKboL0tgWdk>

Health Equity Animated: **Zip Code**

https://youtu.be/v_GfpuavbIU

Health Equity Animated: **The Cost of Health Inequity**

<https://youtu.be/HJeUnHGE4IE>

The Health Equity Animated Series: **Behind the Scenes**

<https://youtu.be/YY10v-EyiBs>

YouTube Video Playlist:

<https://www.youtube.com/watch?v=tZd4no4gZnc&list=PLprkWlK8QvlzD8hIxzPzbn2uad-Lluj9>

CENTER FOR PREVENTION PODCAST



Explores themes related to health, health equity and community.

We hope to include community voices in our episodes, and are collecting stories for our March launch!

Please call in at 1-877-972-7563 and share your thoughts in 30 - 60 seconds on when and how you learned about being healthy.

www.centerforpreventionmn.com/podcast



The Center for Prevention is launching a new podcast!

First episode came out March 20, and focused on trends and traditions in health, and how they shift across generations. And we'd like to hear from you, or friends, family, students, teachers... Please call us at 1-877-972-7563 and share your thoughts in 30 - 60 seconds on when and how you learned about being healthy. Don't forget to give us your full name and phone number so we can contact you to follow up on your story. We look forward to hearing your stories.

The State We're In: Please call us at 1-877-972-7563. Tell us a time when you or someone you know felt othered and how it affected your health. What does it mean for you to feel like you belong? Why do you think it's important to belong to one another?

<https://www.centerforpreventionmn.com/podcast>

Facebook Link:

<https://www.facebook.com/centerforprevention/posts/2061738680509111>

WALK/BIKE TO SCHOOL DATES:

~~OCTOBER 10TH, 2018~~

FEBRUARY 6TH, 2019

MAY 8TH, 2019



Bike/Walk to School Day registration is open for October 10th -
<http://www.walkbiketoschool.org/registration/>





THE MINNESOTA SAFE ROUTES TO SCHOOL NETWORK...

MONTH October 25, 10:00 – 11:00 AM	TOPIC <ul style="list-style-type: none"> • Walk! Bike! Fun! Ambassador Program • Stop For Me Campaign – Impact Results
MONTH November 15, 10:00 – 11:00 AM	TOPIC <ul style="list-style-type: none"> • Demonstration Pilot • Walk/Bike to School Day Recap
MONTH December 13, 10:00 – 11:00 AM	TOPIC <ul style="list-style-type: none"> • Year End Survey Results

To join the Minnesota Safe Routes to School Network,
 email centercommunications@bluecrossmn.com

January 18 SRTS in Large School Districts and Minneapolis New SRTS Action Plan

2018 MEETINGS

2018 Meeting Dates:

~~January 18~~

~~February 15~~

~~March 8 (revised from 15)~~

~~April 19~~

~~May 17~~

~~June 21~~

~~July 19~~

~~August 9 (revised from 16)~~

~~September 20~~

~~October 25~~

November 15

December 13 (revised from 20)

Call Time: 10:00 – 11:00AM



THANK YOU!